



COVID-19 Information

Office of Health Services 443-809-6368

COVID 19- TESTING FAQ

I have been tested for COVID-19. What should I do?

- Notify your school nurse/supervisor that you have been tested for COVID-19.
- If you were tested because you have symptoms, you will need to be absent and quarantine while you have symptoms and are waiting for your test results.
- If you were tested because you were exposed to someone with COVID-19, you will need to be absent and quarantine for up to 10 days and while waiting for your test results. (See below)

I just received a positive test for COVID-19. What should I do?

- Notify your school nurse/supervisor that you tested positive and must isolate at home.
- Your health care provider can help you manage symptoms and determine the duration of isolation, at least 10 days.
 - Isolation means you stay at home in your own room with the door closed. If you are isolating at home, you should not leave unless you need medical care.
 - If you must leave your room, wear a mask, maintain 6 feet distance from others, and make sure common areas such as the kitchen and bathroom are cleaned well after each use.
 - Wash your hands frequently, use hand sanitizer if soap and water are not available.
- A BCPS nurse will call to discuss your isolation.

Someone in my home just received a positive test for COVID-19. What should I do?

- Notify your school nurse/supervisor that you have been in close contact with someone that tested positive for COVID-19.
- As a contact of someone that tested positive for COVID-19, you should quarantine at home for at least 10 days.
- Quarantine means that you are in your own room with the door closed. Necessities should be left outside of the door. Take care to stay more than 6 feet away from housemates. If you must leave your room, wear a mask and make sure common areas such as the kitchen and bathroom are cleaned well after each use.
- A BCPS nurse will call to discuss your quarantine and testing.

My close friend just received a positive test for COVID-19. What should I do?

- Notify your school nurse/supervisor that you may have had contact with someone that tested positive for COVID-19.
- A BCPS nurse will call to discuss whether you need to quarantine and get tested.

Someone in my building tested positive for COVID-19. What should I do?

- If you are identified as a close contact (within 6 feet of each other for 15 or more minutes) a nurse will call to discuss your need to quarantine and get tested.



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- If you are not identified as a close contact of a person that tested positive for COVID-19, no action is needed.

I was told to quarantine because of close contact with a person who has COVID-19. Should I get tested?

- Contacts should be tested 5-7 days after exposure and if they have symptoms.
 - Contact your medical provider if you have any medical concerns.
 - Baltimore County Department of Health has free testing sites throughout the county. Go to the County website for more information and to schedule your appointment: <https://www.baltimorecountymd.gov/News/COVID19/testing.html>
- If you are tested while in quarantine and test **negative**, you must still complete your original 10-day quarantine as instructed.
- If you are tested while in quarantine and test **positive**, please notify your supervisor as soon as possible.
 - A BCPS nurse will call to discuss your isolation.

I don't have symptoms and I was not identified as a contact but I would like to get tested anyway.

- If you are tested, the CDC and Baltimore County Department of Health require that you stay at home until you have your results.

I am a BCPS student and must miss school because of testing, exposure, and/or illness. When can I come back to school?

- While you are absent, you will be able to continue learning remotely.
- A BCPS nurse will give you information about when you may return to school in person.
- In most cases a medical note will be required.

I am a BCPS Employee and must miss work because of testing, exposure, and/or illness. How will my leave be coded? When can I return to work?

- Remote work is encouraged where possible.
- If you still must use leave, the Office of Employee Absence and Risk Management will help code your leave and clear you to return to work.
 - If you have a COVID-19 related absence you may be eligible for COVID-19 leave under FFCRA (Families First Coronavirus Response Act) and will be given information for how to apply.
 - In most cases a medical note will be required.